

Cumberland Valley District Health Department

P.O. Box 158 - 470 Manchester Square, Suite 200 - Manchester, Kentucky 40962
Phone: 606-598-5564 - Fax: 606-598-6615

FOR IMMEDIATE RELEASE

Date: April 1, 2020
Contact: Christie Green
606-598-5564
christiel.green@ky.gov

One New COVID-19 Case Reported for Rockcastle County On Wednesday, April 1st

Cumberland Valley District Health Department is reporting one new confirmed case of COVID-19 in Rockcastle County, bringing the total number of confirmed cases to four this week.

Nurses from Rockcastle County Health Department are working with the individual and their families to identify people that may have come in contact with them while they were infectious. The nurses will help the people who are contacts to take precautions, including self-quarantine for 14 days and monitoring themselves for fever or other symptoms.

If an individual who tests positive has had few contacts, health department nurses will contact them individually. In cases where a larger number of people may have been exposed, the health department can release information to the public to help inform them of the risk. As healthcare providers in the county are able to test more people, the number of positive cases may increase. It is important at this time to take as much care as possible to use social distancing, handwashing, and sanitizing in order to slow the spread of COVID-19 in our community.

This is a rapidly unfolding situation. Based on data from COVID-19 cases worldwide, roughly 80% of individuals who test positive for COVID-19 do not need to be hospitalized. They may have mild symptoms, or even no symptoms at all. However, people with serious health conditions, such as lung disease, heart disease, or diabetes, and people over 60 are at high risk for more severe symptoms.

If you have questions about the coronavirus pandemic, here are some resources that can be helpful: The KY COVID-19 hotline can answer general questions about the coronavirus at (800)722-5725. For local information, call Rockcastle County Health Department at 606-256-2242. For general information visit trusted websites such as: www.cdc.gov/coronavirus; www.kycovid-19.ky.gov; www.cvdhealthdept.com. You can also see our updates on the Cumberland Valley District Health Department Facebook page.

CLAY, JACKSON &
ROCKCASTLE COUNTIES



*Working for Your Health
and Safety*