Cumberland Valley District Health Department

FOR IMMEDIATE RELEASE
Date: March 30, 2020
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FIRST COVID-19 Case Reported for Rockcastle County

Cumberland Valley District Health Department reports that an individual in Rockcastle County has tested positive for COVID-19. This is the first confirmed case in Rockcastle County.

Rockcastle County Health Department is investigating this case. The individual has mild symptoms and is recovering without being hospitalized. All people who were found to have been in close contact with the individual have been notified and educated on proper self-quarantine measures to safeguard their own health and the health of our community. People who have been exposed to someone with COVID-19 should self-quarantine for 14 days to prevent further spread of the disease.

"Our health departments in the Cumberland Valley District are committed to protecting the health of our communities," said Christie Green, Public Health Director for Cumberland Valley District Health Department. "We have well-trained nurses, environmentalists, and staff who are working hard to stay abreast of the changing nature of this pandemic." CVDHD is collaborating with local Emergency Management, first responders, hospitals, and health care providers to be prepared to address cases as they begin to appear in our communities.

Roughly 80% of individuals who test positive for COVID-19 do not need to be hospitalized. They may have mild symptoms, or even no symptoms at all. However, people with serious health conditions, such as lung disease, heart disease, or diabetes, and people over age 60 are at high risk for more severe symptoms.

If you have questions about the coronavirus pandemic, here are some resources that can be helpful: The KY COVID-19 hotline can answer general questions about the coronavirus at (800)722-5725. For local information, call Rockcastle County Health Department at 606-256-2242. For general information visit trusted websites such as: www.cdc.gov/coronavirus; www.kycovid-19.ky.gov; www.cvdhealthdept.com. You can also see our updates on the Cumberland Valley District Health Department Facebook page.

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ROCKCASTLE COUNTIES

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and Safety*